



Gene17kayaking.com
20 Ivybridge
Tavistock Road
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Tamur Multi Day

The Himalayan Kingdom of Nepal is home to mythical legends old & new, outstanding natural beauty and rivers abound for every paddler.

Numerous multi day possibilities on several different rivers, gives this location its reputation as an adventure paddlers paradise. Also home of some of the best Trekking in Nepal, we use these trails for access to Golden river runs found down through the famous Himalayan Range
This trip is those paddlers who wish to see Nepal from a natural passage, down the rivers that flow of the Great Himalaya

River living on the roof of the world, the fable Kingdom of Nepal, has for a long time been the Autumn destination for whitewater paddlers. With seemingly endless possibilities for paddling adventures. Nepal is home to some of the best multi day kayaking in the world. Coupled with its unique culture with its vibrant colours and fascinating folklore make it a must for adventure travellers

Trip Itinerary

- Day 1 Arrive in Kathmandu, and relocate to a choice hotel to settle in with a gear review and boat outfitting
- Day 2 Depart for Trisuli, warm up paddle on Trisuli
- Day 3 Kayak Trisuli to Mugling, bus back to Kathmandu
- Day 4 Rest in Kathmandu, prepare supplies, and pack, Overnight bus
- Day 5 Continue drive to Basantapur. Stay at trekking lodge
- Day 6 Trek the wooded trails on to the ridge. Stay at a trekking lodge
- Day 7 Trek Views of Kanchenjunga & Makalu on a ridge line
- Day 8 Continue trekking down of the ridge through paddy fields to Dobhan campsite
- Day 9 Start Tamur River Trip, Class III/IV with riverside camping
- Day 10 Second day on the Tamur, Class II/III
- Day 11 Thrid day on the Tamur, Class II/III
- Day 12 Final day on the Tamur, Class IV and the night bus to Katmandu
- Day 13 R&R in Kathmandu for shopping, plus we'll eat out at Bhojan Griha Traditional Food and Dance
- Day 14 Day of Departure Kathmandu

Of course, this schedule's only a guideline: we'll chop and change depending on how you're getting on, what the levels are like and what everyone wants to do



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Group Composition

The trip will be led by an experienced Gene17kayaking appointed trip leader. In selecting suitable leaders, we not only look to ensure that they have the relevant qualifications but we also ensure that they have an excellent track record of white water paddling from around the world. Whilst qualifications and experience are essential requirements, we also make sure that our leaders have the right temperament to lead a trip group comprised of individuals who have a range of previous experience and expectations. The leader is a vital contributor to the enjoyment and well-being of the trip members and he or she will be there to deal with any unexpected problems. To that end, we aim to provide a leader who will make the trip both successful and enjoyable throughout.

Our leaders hold current wilderness first aid certificates and have experience of dealing with remote river related medical conditions.

We will take a maximum of 6 paddlers on each trip, although the number may well be less than this. With every 3 paddlers we have on the trip, we'll have a highly experienced Gene17kayaking Teacher/Guide.

Experience Required

Tamur Multi Day Adventure takes place on Class III/IV whitewater. The Tamur Multi Day Adventure is suitable for experienced paddlers who are able to paddle for 4 – 6 hours in a day on Class III/IV. Generally the rivers are accessible with far road access, and there will be some exposed terrain. This trip begins on an easier section of whitewater, but will soon reflect conditions expected at the grade. Participants should therefore expect to be in a river environment during peak runoff for sometimes extended periods of time.

You are welcome to Contact Us, if you would like to discuss the trip in more detail.

What the Price Does/Does not Include

TRIP COST: TBA€

What the price does include

- Guiding and Instruction
- Full accommodation including all meals
- River shuttles*

* The Tamur Multi Day meets in Kathmandu at our allotted hotel in Tamel. At the end of the Adventure, we'll arrange your drop off at Kathmandu Airport

Accommodation & Catering

You don't need to rough it to get the Aisan experience. We'll be staying in



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first rate local accommodation and all the food will be fresh and hygienically prepared. During our multi-day we'll stay on sandy riverside beaches

The Personal Paddling Equipment you should bring:

- A good semi-drytop or drytop or drysuit
- Your paddle
- Whitewater PFD, spray deck and good helmet
- Solid footwear for bank support – no sandals
- Rescue gear, including a throwbag, knife, sling and karabiner
- Light weight camping equipment including tent & sleeping bag

What the price does not include

- Visa fees
- Flight
- Bar bills
- Travel & Boat insurance
- Dinner on the final night
- Tips
- Kayak Hire**

** Gene17 will attempt to source kayaks for hire from local rafting operators.
The best option is to bring your own kayak