

Gene17kayaking.com 20 lvybridge Tavistock Road W-s-M BS22 6LP UK

# **Norway - Valldal Road Trip**

Norway is Europe's prime destination for summer paddling fun. With steep creekin', big volume, technical alpine runs, and pooldrop fun all available as and when you please, Norway has it all, and more.

Over the past ten years, Norway has slowly gained the reputation of being one of the worlds foremost destinations for kayaking, not only for the hair raising waterfall paddling of the action DVDs, but numerous high quality runs with clean rapids, powerful moves and dynamic lines. It a place for endless paddling adventures and nothing can compare to a road trip through the coastal ranges of this spectacular country.

There's no better way to experience what Norway is all about, and we warn you that once you've been on this road trip, you'll definitely be going back for more!

#### **Trip Itinerary**

Day 1 Arrival in Otta by Train or Bus, move to Sjoa Valley

Day 2 A full run of the River Sjoa, THE Norwegian Classic

Day 3-5 We head north past Rondane National Park to Dombås for the famed Lower Jori, Ula & Upper Rauma, all classic runs

Day 6 Over the Lesja road to Skjåk for the Bøvra, Ostri & Otta, along with the Euro Wave

Day 7 Head back to Sioa

Day 8 Pack up your memories and head on home by train or bus to Oslo from Otta

Of course, this schedule's only a guideline: we'll chop and change depending on how you're getting on, what the levels are like and what everyone wants to do

#### **Group Composition**

The trip will be led by an experienced Gene17kayaking appointed trip leader. In selecting suitable leaders, we not only look to ensure that they have the relevant qualifications but we also ensure that they have an excellent track record of white water paddling from around the world. Whilst qualifications and experience are essential requirements, we also make sure that our leaders have the right temperament to lead a trip group comprised of individuals who have a range of previous experience and expectations. The leader is a vital contributor to the enjoyment and well-being of the trip members and he or she will be there to deal with any unexpected problems.



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To that end, we aim to provide a leader who will make the trip both successful and enjoyable throughout.

Our leaders hold current wilderness first aid certificates and have experience of dealing with remote river related medical conditions.

We will take a maximum of 6 paddlers on each trip, although the number may well be less than this. With every 3 paddlers we have on the trip, we'll have a highly experienced Gene17kayaking Teacher/Guide.

### **Experience Required**

Norway – Valldal Road Trips takes place on Class III/IV/IV+ whitewater. The Norway – Valldal Road Trip is suitable for experienced paddlers who are able to paddle for 3 – 6 hours in a day on Class III/IV. Generally the rivers are accessible with near road access, but occasionally there may be some exposed terrain. This trip begins on an easier section of whitewater, but will soon reflect conditions expected at the grade. Participants should therefore expect to be in a river environment during peak runoff for sometimes extended periods of time.

You are welcome to Contact Us, if you would like to discuss the trip in more detail.



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TRIP COST: 975€

## What the price does include

- Teaching and Instruction
- Full Dorm or Hytta accommodation
- Local collection & River shuttles\*
- Use of a full spec whitewater kayak\*\* from our fleet

\* There is a frequent yet irregular bus and train service from Oslo to Otta. We collect from Otta Bus/Train Station from 1800-1900 on the day of arrival, and drop off for 1000 on the day of departure. An airport shuttle from Oslo to Sjoa is NOT included with ANY of our Norway Trips & Adventures, as the direct public transport link is straight forward and easy to undertake.

\*\* Gene17 has a small yet excellent selection of kayaks for a range of different sized paddlers, & these are available on a first come, first served basis ONLY

### **Accommodation & Catering**

You'll be stay in a Dorm at the Sjoa Kayak Camp, or in a Hytta Cabin en route to Valldal, often no bed linen is provided. We'll provide the cooking equipment, and often will share as a group the cooking duties as we road trip to the West coast.

- The Personal Paddling Equipment you should bring:
- A good semi-drytop or drytop or drysuit
- Your paddle
- Whitewater PFD, spray deck and good helmet
- Solid footwear for bank support no sandals
- Rescue gear, including a throwbag, knife, sling and karabiner
- Sleeping Bag

#### What the price does not include

- Airport shuttle
- Visa fees
- Flight
- Bar bills
- Food or Catering
- Travel & Boat insurance
- Dinner on the final night
- Tips