

## **BCU Advanced Water Endorsement Training**

What's our coaching philosophy? It's a modern, progressive style that sees a whole river, not an isolated rapid. It's also what's helped us become one of Europe's top kayak instruction company. We show you the nuts and bolts of our uniquely dynamic approach on our comprehensive AWE training

### **Day 1**

- We'll discuss different, useful ways of briefing and organising a group.
- We'll do some work on your personal paddling skills.
- We'll look at coaching styles and different learning concepts.
- We'll consider the coaching of tactics.
- We'll look through, and give you feedback on, your experience log.

### **Day 2**

- We'll give you some real students to coach.
- We'll help with your observing & analysing of your learners
- We'll guide you through your coaching sessions, with particular emphasis on the modern, dynamic style.
- We'll help shape the day, pace and pitch of your coaching.
- We'll give you a complete debrief and highlight areas to concentrate on.

### **Pre-requisites**

You need to be over 18, hold your MWE coach award, or be an updated BCU L3 or L4 plus have your 5\* WW Kayak kayak and have a current first aid certificate (minimum 16 hour course) including CPR and EAV. You also need to be a BCU/WCA/SCA/CANI comprehensive member and have centrally registered for training. Please make sure you bring all your completed and stamped CR Form and your current membership card.

### **Logistics**

The course starts at 9AM at Newbridge on the River Dart in Devon. We'll aim to finish by 1600 on Sunday. If you need directions, give us a call!

### **Importantly**

Please read the AWE Outlines to be found at <http://www.canoe-england.org.uk>

### **Make sure you bring:**

Your paddling kit  
A packed lunch and a hot drink for the river  
Rescue gear, including a throwbag  
A first aid kit  
Your logbook and paperwork