

BCU Awarding Body

BCU Moderate Water Endorsement

Course Guide

Contents:

1. Introduction	
• Moderate Water Remit	3
• Moderate Water Definitions	3
2. Learning Outcomes	
• Time to Complete	4
• Your Training Director	4
• Specific Learning Needs	4
3. Pre-Requisites	
• For Training	5
• For Assessment	5
4. Candidate Registration	5
5. Accreditation of Prior Learning (APL)	6
6. What Next?	7
7. Assessing the BCU 3 Star Award	7
8. The Road to Moderate Water Endorsement	8
9. Contact Details	9

1. Introduction

Welcome to the BCU Moderate Water Endorsement course.

Aim - This award is designed for BCU Coaches who hold a 4* leader award and wish to introduce paddlers to the moderate water environment.

The Moderate Water Remit:

A BCU Coach with Moderate Water Endorsement may coach and lead in Moderate Water conditions as per the BCU Terms of Reference (see below).

Moderate Water is defined as:

Moderate Inland Water

Large areas of open water which exceed the sheltered water definition, that are no more than 500m off shore and in wind strengths that do not exceed force 4.

Moderate White Water

Grade 2 white water or equivalent weirs. (This is extended to Grade 2(3) when using white-water spec Kayaks).

Moderate Tidal Water/Sea

The definition involves: A stretch of coastline or estuary in close proximity to the shore, with available landings at every 1-2 miles / 1 hour and areas where it is not easy to land. Up to a maximum of 2 knots tide but not involving, tidal races, or overfalls, winds not above force 4 beaufort sea state 4 (if offshore the greatest of caution must be exercised), or the upper reaches of some estuaries; launching and landing through moderate surf.

Moderate Surf

Beaches that are free of significant hazards (strong rips or undertow, tidal streams, rocks or groynes). An area of beach must be marked out to contain the group and prevent any loss of communication. The area selected must not interfere with other beach users – swimmers and surfers in particular; small to moderate waves – 3 feet maximum.

2. Learning Outcomes

On successful completion of the Moderate Water Endorsement you should be able to:

- ⊙ Apply your BCU UKCC Coaching Skills to the moderate water environment
- ⊙ Safely lead and coach groups in the moderate water environment

Time to Complete

Taking into consideration the candidates experience in both coaching and leadership the Moderate Water Endorsement Course will consist of a minimum of one day (Training Directors could extend this if they wish) of training with a further day for the assessment. The assessment may be taken on the day following the training.

Training day is valid for 3 years.

Your Training Director

The Training and Assessment Director is the person responsible for running your Moderate Water Endorsement; they will introduce themselves at the start of your course and help you through the learning experience.

The Moderate Water Induction Pack

When you register with BCU Awarding Body or Home Nation, you will receive your course guide and Assessment Portfolio.

Specific Learning Needs

Candidates with any special learning requirements are advised to inform their course provider so they can be appropriately catered for during the course, as per the 'Reasonable Adjustments Policy', this is best done prior to the course.

3. Candidate Prerequisites (for training):

Candidates will require the following prerequisites:

- BCU Moderate Water Registration (CR Form)
- BCU UKCC Level 2 Certificate in Coaching Paddlesport
- BCU 4 Star Leader Award in the appropriate discipline
- Be 18 Years Old or Older
- Hold a recognised 8 hr first aid award

Candidate Prerequisites (for assessment):

Candidates will require the following prerequisites:

- Training completed
- A minimum of 10 logged coaching hours in the sheltered water environment post holding BCU UKCC Level 2
- A minimum of 20 leading hours in the specific moderate water environment, post holding 4 star. (In open canoe this is divided into 10 hours leading journeys on lakes/lochs in moderate water conditions and 10 hours on moving water).

Candidates can do their Assessment on the day following training if all the prerequisites are in place prior to training day. It is the responsibility of the provider to ensure this is communicated to candidates. Candidate's considering this option are advised to have a conversation before training commences with the course provider to ensure they are ready to proceed to assessment the day after their training.

4. Candidate Registration:

Training: Candidates need to register with their Home Nation Association a minimum of 14 days prior to the Moderate Water Training course. A Course Registration (CR) form is available from the Home Nation office. Registration costs £17.50 and covers the administrative costs associated with the course. To have registration approved candidates must meet the pre-requisites. Candidates are then required to bring their completed and stamped CR Form to the Training Course.

At the end of a Moderate Water Training Course the Provider signs the candidates CR Form and returns it to their Home Nation Association. This is then returned to the candidate stamped for Assessment. (This stage is omitted when Training and

Assessment are run back to back, the provider will sign both the Training and Assessment elements of the CR Form and return to their Home Nation Association).

Assessment: Candidates must take their stamped CR Form to their Moderate Water Assessment. At assessment the Provider will sign it and send it back to the Home Nation Association.

Assessment Outcomes

Assessment candidates should note that they can fail any element of the assessment including areas they have previously been assessed in (eg coaching, leadership & personal paddling).

5. Accreditation of Prior Learning (APL) / Accredited Prior Experiential Learning (APEL)

The BCU Awarding Body aims to recognise learners' previous achievements and experience through APL. Evidence may be acquired through additional study, employment, or voluntary work that relates to the units within the specific award being sought.

Candidates who have covered the training and assessment prerequisites of the BCU Moderate Water Endorsement Course through alternative learning opportunities can apply to the BCU Awarding Body for Accreditation of Prior Learning (APL) in order to be granted direct entry to assessment. See BCU APL Document for further advice.

6. What next?

If candidates want to achieve the BCU Moderate Water Endorsement they need to:

- Find a course that will suit their needs and book a place.
- Candidates need to register with their home nation a minimum of 14 days prior to the Moderate Water Training course. A Course Registration (CR) form is available from the Home Nation office.
- Registration costs £17.50 and covers the administrative costs associated with the course. To have registration approved candidates must meet the pre-requisites.
- Candidate registers at the start of the process and keeps the CR form. The candidate will get the form signed by the training director after training and be sent to Home Nation Coaching Office for verification.

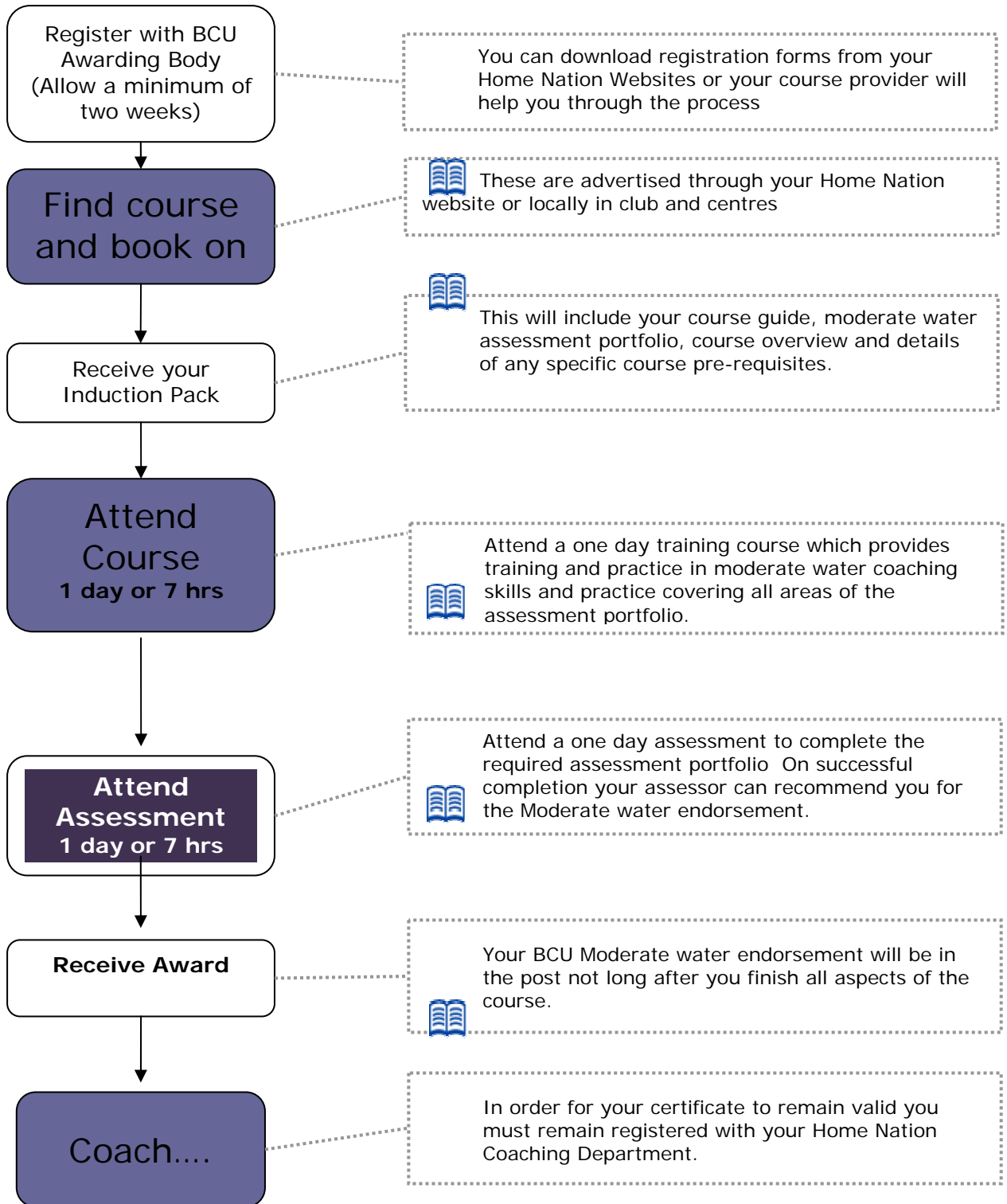
7. Assessing the BCU 3 Star Award:

Upon completion of the endorsement, a BCU Moderate Water Coach can register to assess 3 Star within their discipline (the discipline in which they hold the Moderate Water Endorsement).

Process to become a 3 Star Assessor:

1. Be a BCU Moderate Water coach
2. Coach Update valid
3. Get a 3 Star Assessor logbook from your Home Nation Association
4. Be registered as a 2 Star Assessor
5. Provide date of last 2 Star Assessment
6. Observe a minimum of one 3 Star Assessment
7. Be signed off by an existing 3 Star Assessor

8. The road to BCU Moderate Water Endorsement



9. Contact Details:

Further information can be obtained from the Home Nation Associations or from BCU Awarding Body:

Canoe England

18 Market Place
Bingham
Nottingham NG13 8AP
Tel: 0845 370 9500
Fax: 0845 370 9501
Email: coaching@bcu.org.uk
Website: www.canoe-england.org.uk

Scottish Canoe Association

Caledonia House
1 Red Heughs Rigg
South Gyle
Edinburgh EH12 9DQ
Tel: 0131 317 7314
Fax: 0131 317 7319
Email: coaching@canoescotland.com
Website: www.canoescotland.com

Welsh Canoeing Association

Canolfan Tryweryn
Frongoch
Bala
Gwynedd LL23 7NU
Tel: 01678 521199
Fax: 01678 521158
Email: welsh.canoeing@virgin.net
Website: www.welsh-canoeing.org.uk

Canoe Association of Northern Ireland

Unit 2 Rivers Edge
13-15 Ravenhill Road
Belfast BT6 8DN
Tel: 0870 240 5065
Email: office@cani.org.uk
Website: www.cani.org.uk

British Canoe Union Awarding Body

18 Market Place
Bingham
Nottingham NG13 8AP
Tel: 0845 370 9500
Fax: 0845 370 9501
Email: info@bcu.org.uk
Website: www.bcu.org.uk

